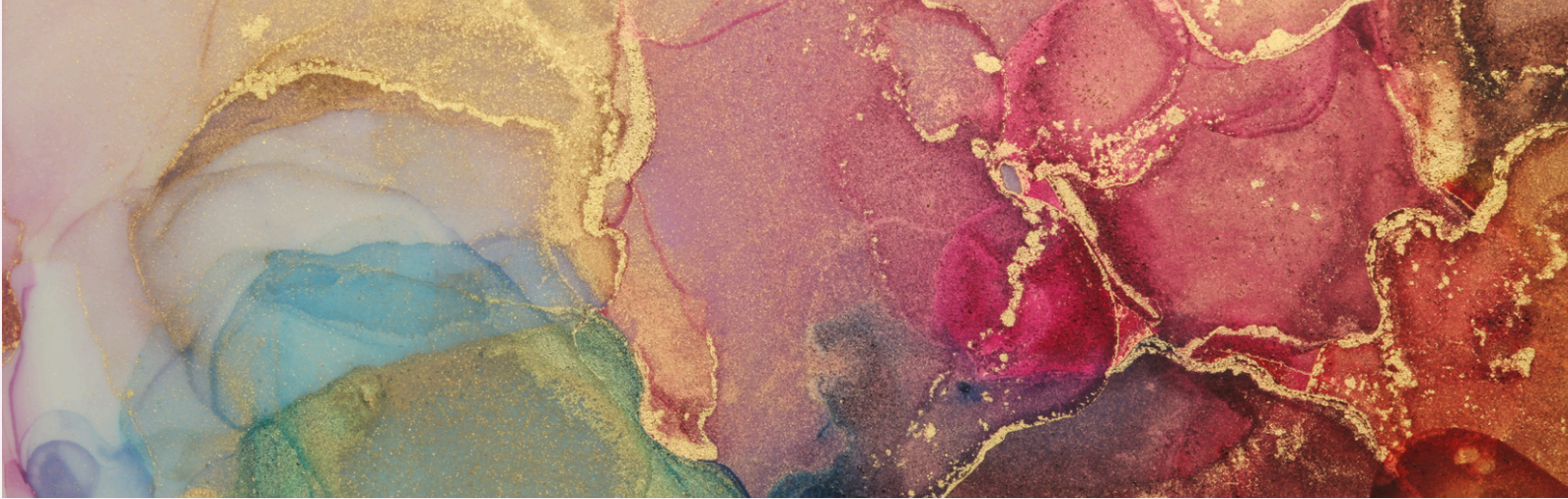




Approaching Trauma Across Different Perspectives and Modalities

sponsored by the Lynchburg Area Counselors Association



PRESENTERS:

- *Counting Sheep: The Intersecting Issues of Sleep, Rest, & Stigma Among Black Mothers*, Brittney George, LPC
- *EMDR as Seen Through the Lens of the Polyvagal Theory*, Susan Wilson, LPC
- *The Therapeutic Use of Psychedelics: Then & Now*, Jon Winder, LPC
- *A Therapist Growth in the Treatment of Trauma: A Developmental Perspective*, Dana Wilkerson, LPC

Friday, February 28th

8:30am-4:00pm

**Bella Vista Hotel & Suites
2900 Candler's Mountain Road
Lynchburg, VA 24501**

About The Training

Join us for 4 one and a half hour sessions from seasoned counselors from our region. They will be sharing their experiences and approaches to working with individuals with complicated trauma presentations.

Cost : \$75.00 Non-LACA Members
\$60.00 LACA Members
\$30.00 Students

Register online at

<https://www.vcacounselors.org/event/LACAfebruary28>

Earn SIX NBCC Contact Hours

Beverages provided/Lunch on your own

Confirmation & additional information will be sent upon registration.

Virginia Counselors Association (VCA) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 2047. Programs that do not qualify for NBCC credit are clearly identified. Virginia Counselors Association (VCA) is solely responsible for all aspects of the programs.

